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Reflect on 2021 and plan your 2022. This free booklet that helps you plan the next one. With reflective questions and exercises that help you uncover your strengths and design the ideal year for you.



In , business leaders have identified the five kinds of people who are in your corner. You probably already know them – so use this guide and a nudge to connect with them.

Research is beginning to show that positive thinking is about much more than just being happy or displaying an optimistic attitude. Thoughts can actually create change and help you build skills that last longer than a smile. is a bestselling author and researcher. Clear to discover why!



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